

Clinton Crest manor, Penn Yan NY

COVID-19 2020

The Great Disruption in our lives since mid-March 2020 has also been a time of Opportunity for Moving Forward.

As a resident at Clinton Crest Manor I have been participating in and observing "wearing of masks" to be worn everywhere except in our rooms and while eating. Reminders from the staff firm but gentle! The six feet social distancing is measured with a Red line near the intersection of the inside hallways. Requiring this meant a creative change in the dining room. Tables are rearranged. Residents come in two settings requiring more preparation and time. Kitchen and dining room staff have made a smooth transition. Some residents were confused with the changes; however, a good outcome has happened with resident getting acquainted with additional residents.

NO VISITORS- family or friends for this length of time is difficult. Tele-visits are arranged by Kendra Moore, the life enrichment coordinator, thus helping us to make connections. Also, tele-health office visits and tele-music with George Mann, guitarist, singer and story teller from Ithaca, on the large TV in the dining room. Fitness and bingo are continuing as activities with residents six feet apart and wearing masks. One-on-one activities such as word-search puzzles, coloring pages, in-house movies are also available. The life enrichment coordinator keeps residents busy as much as possible during COVID-19.

Mail, packages and personal items are brought to the front door. The bell rings (AVON CALLING). A staff member will come for the items and disinfect them before delivering them to the residents.

Extra cleaning and disinfecting daily by all the staff are part of COVID-19. A special thank you to the personal care aides for assisting residents and for being here day in and day out.

Now behind the scene. Deena Conley, our administrator, and Heidi Wilber, our assistant administrator, participate in webinars frequently for updates from the Department of Health and our governor. Frequently letters from Deena keep us updated on the COVID-19 numbers AND including reminders of keeping vigilant using all-in-place precautions.

The staff are tested once a week for COVID-19. On July 1<sup>st</sup> residents were tested for COVID-19.

A big thank you to: Deena Conley, Heidi Wilber, Kendra Moore, Tammy Gee, Jenn Orr, Erin Ames, Alyssa Armstrong, Karen Axtell, Jennifer Fogue, Susan Griffin, Deidre Hoose, Brandy Kirkland, Alice Martin, Susan Pulver, Terry Orr, Kimberly Snyder, Sarah Rood, Patrick Wheeler and Nicole Tuyul.

Thank you,

Anita McGee